

Transfer Guide: MCC Liberal Arts Transfer – Associate of Arts (LATAA) to UNO Bachelor of Arts in Public Health (2024)

This degree strengthens foundation skills, provides broad understanding, and develops thinking skills as students prepare for advanced studies in Communication, Education, Fine Arts, Humanities, and Social Sciences. Students completing this degree can transfer their credits into a bachelor’s degree program at a four-year institution.

Every effort has been made to provide accurate information on suggested courses; however, it is the student’s responsibility to consult with the institution they are planning to transfer to ensure courses fit into their intended plan of study. For students planning to transfer to UNO – College of Education, Health and Human Services, the below information can also be found at the following sites:

- MCC - [Metropolitan Community College - University of Nebraska at Omaha \(mccneb.edu\)](https://mccneb.edu)
- UNO - [Guided Pathways | Registrar | University of Nebraska Omaha \(unomaha.edu\)](https://unomaha.edu)

Total Credit Hours – 91.5-93.5

General Education Requirements (42-44 Credit Hours)

Communication (13.5 Credit Hours) – Complete all courses

Course	Credit Hours	Recommendations for Alignment with UNO
ENGL 1010 English Composition I	4.5	ENGL 1010
ENGL 1020 English Composition II	4.5	ENGL 1020
COMS 1110 Public Speaking	4.5	COMS 1110

Quantitative/Numeracy Skills (4.5-5.0 Credit Hours) – Complete one course

Course	Credit Hours	Recommendations for Alignment with UNO
Complete one of the following courses: MATH 1300, MATH 1305, MATH 1410, or MATH 1425	4.5-5.0	MATH 1300, MATH 1305, MATH 1410, or MATH 1425

Critical Thinking/Creativity & Social/Cultural Awareness (9.0 Credit Hours) – Complete two courses

Course	Credit Hours	Recommendations for Alignment with UNO
Complete one Humanities Transfer course	4.5	Complete one of the following: ARTS 1000, ARTS 1110, ARTS 1120, ENGL 1310, ENGL 2450, ENGL 2460, ENGL 2470, ENGL 2590, ENGL 2510, ENGL 2520, ENGL 2530, FREN 1110, GERM 1010, HUMS 1000, HUMS 1100, HUMS 1110, HUMS 1120, HUMS 1130, HUMS 1150, HUMS 1160, HUMS 2310, JAPN 1010, MUSC 1010, MUSC 1050, PHIL 1010, PHIL 1100, PHIL 2030, PHIL 2200, SPAN 1110, THEA 1000, or THEA 2020
Complete one Social Sciences Transfer course	4.5	PSYC 1010



Scientific Inquiry (10.5-12 Credit Hours) – Complete two courses

Course	Credit Hours	Recommendations for Alignment with UNO
Complete two Natural Sciences Transfer courses. One course must include a lab	10.5-12	1 st course: BIOS 1250 2 nd course: CHEM 1010, CHEM 1212, GEOG 1150, GEOG 1160, GEOG 1210, PHYS 1010, PHYS 110ABC, PHYS 210ABC, SCIE 1010, SCIE 1300 & 1310, or SCIE 1400

Professionalism/Life Skills & Information Literacy (4.5 Credit Hours) – Complete one course

Course	Credit Hours	Recommendations for Alignment with UNO
Complete one of the following courses: EXPL 1000, INFO 1001 or HMRL 1010	4.5	HMRL 1010

Major Requirements (31.5 Credit Hours)

Social Sciences/Humanities (27 Credit Hours) – Complete six courses

Course	Credit Hours	Recommendations for Alignment with UNO
Complete two Humanities Transfer courses	9.0	Complete two courses from the following: ARTS 1000, ARTS 1110, ARTS 1120, ENGL 1310, ENGL 2450, ENGL 2460, ENGL 2470, ENGL 2490, ENGL 2510, ENGL 2520, ENGL 2530, ENGL 2610, ENGL 2620, FREN 1110, GERM 1010, HUMS 1000, HUMS 1100, HUMS 1110, HUMS 1130, HUMS 1150, HUMS 2310, JAPN 1010, MUSC 1050, PHIL 1010, PHIL 1100, PHIL 2030, PHIL 2200, SPAN 1110, THEA 1000, THEA 2020
Complete two Social Sciences Transfer courses	9.0	Complete two courses from the following: CRIM 1010, ECON 1000, ECON 1100, GEOG 1010, GEOG 1020, GEOG 1050, HMRL 1010, POLS 2050, POLS 2070, PSYC 1010, PSYC 1110, SOCI 1010, SOCI 1250, SOCI 2050, SOCI 2060, SOCI 2110, SOCI 2160, SOWK 1010
Complete two Social Sciences/Humanities courses	9.0	1 st course: COMS 1220 2 nd course: Complete one of the following: ARTS 1000, ENGL 2490, ENGL 2530, HIST 1010, HIST 1020, HIST 1050, POLS 2050, SOCI 1100, SOCI 2060, SOCI 2110, SOCI 2160, SOWK 1010

Cultural Studies (4.5 Credit Hours) – Complete one course

Course	Credit Hours	Recommendations for Alignment with UNO
Complete one course from the Cultural Studies Transfer courses	4.5	Complete one of the following: GEOG 1020, GEOG 1050, HIST 1110, HIST 1120, HUMS 1110, HUMS 1150, PHIL 2200



Elective Requirements (18.0 Credit Hours)

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Course	Credit Hours	Recommendations for Alignment with UNO
Complete 18.0 credit hours from the MCC Catalog	18.0	1 st course: HLTH 1050 2 nd course: HLTH 1510 3 rd course: HMSV 1160 4 th course: Complete an additional course that applies to a second major or minor at UNO.

Students admitted to UNO with an Associate of Arts (AA) or Associate of Science (AS) degree from a regionally accredited institution will have fulfilled UNO’s lower-division general education requirements. (This means all UNO general education requirements except Writing in the Discipline).

UNO Total Semester Hours – 60

Remaining Courses to be completed at UNO

UNO Requirement	Credit Hours	UNO Course(s)
Writing in the Discipline	3	
Core Curriculum	9	HEKI 2100 Statistics in Health and Kinesiology (3) or PSYC 3130 Statistics for the Behavioral Sciences (3) or SOC 2130 Social Statistics (3) PHHB/SOC 4700 Women’s Health and Issues of Diversity (3) JMC 1500 Introduction to Journalism and Media Communication (3)
Public Health Courses	48	PHHB 4000 Methods and Materials in Health Education (3) PHHB 4040 Epidemiology & Prevention of Disease (3) PHHB 4050 Introduction to Research in Public Health (3) PHHB 4060 School Health Programs (3) PHHB 4130 Community Health (3) PHHB 4200 A Public Health Approach to Mental Health (3) PHHB 4280 Social Marketing for Public Health (3) PHHB 4400 Health Literacy (3) PHHB/GERO/WGST 4550 Health Aspects of Aging (3) PHHB 4650 Global Health (3) PHHB 4880 Public Health Policy (3) PHHB 4950 Public Health Leadership and Advocacy (3) PHHB 4990 Internship in Public Health (3) PA 2170 Introduction to Public Administration (3) KINS 3900 Motivation for Physical Activity (3) PHHB 2850, PHHB/WGST 3080 or PHHB 3310 (3)

Additional Information for Students:

To maximize credit transfer, students are strictly encouraged to follow this Guided Pathway. When followed correctly, students will have approximately (60) Credit/Semester Hours remaining to complete for the Bachelor of Science in Public Health.

Academic Advising Information:

- MCC
 - [Metropolitan Community College - Academic Advising \(mccneb.edu\)](https://www.mccneb.edu/academic-advising)
 - 531-622-5231
- UNO
 - Courtney Luxon, UNO Department of Health & Kinesiology Academic Advisor, cluxon@unomaha.edu, 420-554-2670

MCC Transfer Center Information:

- transfercenter@mccneb.edu
- 531-622-1111